



Resident Christmas Party

Blue Skies Band

Monday, December, 8th @7:00 pm

Get your dancing shoes on with your most festive attire for the annual resident Christmas Party! Blue Skies Band, a large and talented group of musicians, will be here to perform lively holiday music. Wine and Apple Cider will be provided with refreshments. The Dining Room will close at 6:00 pm for ample time to prepare.





DEPARTMENT HEAD DIRECTORY

General Manager: Kim Stokes Tammie Sells Controller: Marketing Director: Kimberly Richards Plant Engineer: Forest Leonard Dining Supervisor: Amanda Adams

> 50 Ruby Avenue Eugene, OR 97404 www.terpeningterrace.com



Unmatched Service. Unusual Name.

Executive Chef: Jason Wish Housekeeping Super: Jessie Wingfield

Wellness Director: Antigone Allena Social Coordinator: Renelle Reese Transportation Dir.: Tony Carp

> (541) 689 - 0619 (800) 818 - 7518





This Month's Highlights

- Blue Skies Big Band Club Resident Christmas Party
- Social Hour The Angels, Mr. Entertainment and Timothy Patrick
- Outings to: Christmas Junction, Camas Country Bakery, Christmas Light Tour and Holiday Market Christmas Bazaar Sign up sheets will
- Piano Nights with Louis Faro and Leyna Kurtenback
- Christmas Carolers: Cub Scouts and Emeral Valley Choras
- Shopping trips to Bi-Mart, Trader Joes and Valley River Center
- Christmas Buffet
- New Year's Prime Rib & Champagne Dinner
- Sara's Crafty Creations
- Movie Nights with Susie in the Cinema Room
- Christmas Sing Along



be available at the

Front Desk, one week in advance, for events

that require sign up.



Merry Christmas -



Inspiration



Social Coordinator's Message

As the weather outside gets colder, we find warmth in the company of friends and neighbors here at Terpening Terrace. We are so grateful for our wonderful residents and the vibrant community we share. Wishing you a holiday season filled with laughter, good cheer and cherished moments together.

Merry Christmas from all of us!

Employee of the Month November, 2025

Congratulations, Rosa Contrera



Rosa's unwavering commitment to cleanliness and exceptional attention to detail ensures your home is always immaculate.

Thank you, Rosa

Happy Birthday

Billie Ruesch December 1st **Dottie Crafts** December 5th December 7th Lloyd Porter Carol Phifer December 8th Shirley Weber December 11th Dan Cragun December 15th Jan Moore December 18th Lenore Wadley December 22nd December 24th Chris Schrager Audrey Bradshaw December 25th Susie Steinmetz December 26th

Welcoming our new residents: Bess Jones George and Susan Greenwald



Fridays in Packard Place. This non-denominational service starts at 10:00 am.



<u>Makers' Meet Up</u> <u>Tuesdays @ 3:15 pm - Packard Place</u>

Do you knit? Crochet? Sketch? Read?

Do you find yourself to be more productive with like-minded company? Hang out in Packard Place on Tuesday afternoons with other "makers". The idea is to bring a project you're working on and feel inspired by those around you to keep going. No sign up needed.

Creative Writing Class

Tuesday, December 9th
@ 11:30 am - CK3

Express ideas, feelings and memories through creative writing. From short stories to memoirs, and even poetry, expand your writing skills by sharing with friends.

Gathering Hands for Charity Tueday, December 30th @1:00 pm - CK1



"Helping children in crisis one Bag of Love at a time"

Give back to the community by helping us tie cozy blankets for children and teens in need.

No supplies or experience is needed.

Women's Bible Study Thursdays @ 10:30 am - CK3

Please join our new Ladies' Study. We will be meeting on Thursdays. Join us for a place for all women to come together to support each other.

Men's Bible Appreciation Thursdays @ 1:00 pm - Tea Party Game Room

Join us for a dose of wisdom, brotherhood and scripture with fellow residents. Bible appreciation always welcomes new faces.

The Connection

Terpening Terrace and our sister buildings have created a page on Facebook where we can all stay connected. On this page, you will find videos of Terpening Terrace staff and residents and videos from all the other buildings, too!











Fun & Games

Available Game Rooms

FH = Fishing Hole —1st Floor

PP = Packard Place —1st Floor

TP = Tea Party —2nd Floor

CK3 = Connie's Kitchen —3rd Floor

Weekly Games

Sundays at 1:30 pm in PP - Manipulation

Sundays at 3:15 pm in TP - Bridge

Mondays at 2:00 pm in CK3 - Cribbage

Mondays at 6:30 pm in PP - Players Choice

Tuesdays at 6:30 pm in TP- Pinochle

Wednesdays at 6:30 pm in PP- Players Choice

Mon/Wed/Fri at 3:15 pm in TP - Bridge

Fridays at 6:30 p.m. in PP - Manipulation

These events are resident run, please contact activities if you would like to inquire about starting a new weekly game.

Wii Sports

Improve your hand-eye coordination using the Wii system with friends. Get your body moving!

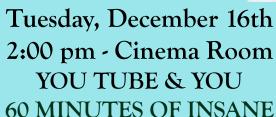
Wii Golf on Tuesdays @ 11:00 am - PP

Wii Bowling on Sundays 6:30 pm - PP

Chair Volley Ball Mon, Wed, Fri @ 2:00 pm - PP

Get energized by bopping a beach ball over a net during chair volley ball. You will laugh, hoot and holler during this exercise activity!

MEN'S EDITION



NFL SNOW HIGHLIGHTS

You'll see incredible plays, tough conditions and the unforgettable atmosphere that only some snow covered field can create.

Games with Jamie

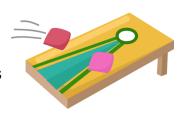
Saturdays @ 11:00 am - Packard Place

6th: Croquet

13th: Ladder Ball

20th: Bean Bag Toss

27th: Ring Toss



<u>Bingo</u>

Tuesdays @ 2:00 pm - Packard Place

Join Activities in Packard Place for Bingo!
Enjoy regular Bingo, fun patterns and blackout!
You will have the chance to win candy or a snack if you get a bingo.

Vegas Bingo

Saturdays @ 2:00 pm - Packard Place

Saturday bingo has higher stakes. Bring some quarters and play to win big!

Each card you play costs 25 cents for the day, so if you want to play 3 cards, it will cost 75 cents.

Community



Community Libraries

Take a vacation in a good book or learn something new! Books from Terpening and the Eugene Library are available to you. Be sure to write your name and book down on the checkout sheet in the library.

There are libraries located on the second and third floors.



Puzzle Room Located on the Second Floor

See what's new in the Puzzle Room. The residents are working on new puzzles each week to display in the common area near the dining room. Come add a piece and make a friend.

Mimosa Morn' in the Dining Room Monday, December 15th, 7:00-10:00 am

Need a reward for being an early riser? Or need motivation to become one? Join us for funflavored mimosas at breakfast! Non-alcoholic options will also be available.

Resident Town Hall Meeting December is Skipped

Meetings are <u>usually</u> held on the 2nd Monday of each month at 10:30 a.m. in Packard Place.

Terpening's Veterans' Board

We are dedicated to honoring our Veterans. Please contact the Activities Department if you would like a photo & name plate made for board display.

Sunday Drives with Jason

7th: Crow

*Note: Starting 14th -

extended drive 2-2.5

hours long.

14th: Cottage Grove Bridges

21st: Harrisburg

28th: Creswell





Transportation

Our On-Demand transportation is convenient and reliable, courtesy of our fantastic Transportation Department. Residents sign up for transportation at the front desk. Medical appointments allow a 10 mile radius and all other destinations allow a 6 mile radius of Terpening Terrace. Please provide the time you would

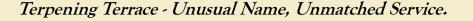
like to be at your destination as well as the address. Monday - Friday 9:00 a.m. - 5:00 p.m.

Saturday 9:00 a.m. - 3:30 p.m. Sunday 9:00 a.m. - 2:00 p.m.

*Please note: Earlier and later times can be accommodated with advance notice, depending on driver availability.









Movies with Susie



December 4th -

The Christmas Chronicles: Follow the adventures of Kate and Teddy who meet Santa on Christmas Eve and accidentally cause his sleigh to crash. Santa has to enlist their help to deliver the presents and save Christmas.

December 18th -

The Christmas Chronicles Part Two: It's two years later and Kate and Teddy are again needed to help Santa with Christmas. Learn about the origin story of Santa and the mischievous elf Belsnckel.

Christmas Sing-Along

Tuesday,

December 2nd & 16th

@ 12:45 pm - PP

Twice a month singing group

meeting.

heal your souls with singing. No

Sing songs karaoke style,

this group.

exercise your vocal cords and

experience is required to join

Art & Creativity

Sara's Crafty Creations Wednesday December 17th 11:00 am - CK3 Spend time with Sara in the third floor kitchen creating a holiday craft to enjoy or give away as a gift! All supplies will be provided.

Please sign up at the front desk





Monday, December 15th @ 1:00 pm - CK3

Nurturing your inner artist is good for your health! Proven benefits are improved memory, cognitive function, and motor skills. This month's art therapy is - Mandalas

Please sign up at the front desk to attend.



Social Hour



BARBER SHOP QUARTET

Wednesday December 3rd @4:00 pm - **PP**

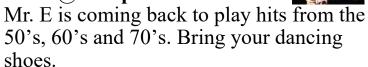


A senior quartet that has performed in national competitions.

The Angels Thursday, December 4th @ 3:00 pm - Packard Place

The Angels are returning to Terpening for a fun performance! Get a good seat with friends for an energetic and festive performance by our favorite Portland trio.

MR. ENTERTAINMENT Thursday, December 11th @3:00 pm - PP



Timothy Patrick **UGLY SWEATER CONTEST** Wednesday, December 18th

@ 3:00 pm

Timothy is back by popular demand for an engaging musical performance that will have you laughing, singing, and tapping your toes. Come join the fun with drinks and snacks. Who has the ugliest sweater?

> Vote here!

LOUIS FARO - Piano December 5th 4:45 - 5:45 pm Leyna Kurtenback December 24th & 26th 4:30 - 5:30 pm



Christmas Carolers

Emerald Valley Chorus Saturday, December 6th **(a)12:00 pm - Dining Room Cub Scout Pac 12** Friday, December 19th @6:00 pm - PP



Another phenomenal buffet will be held in the Dining Room for Christmas. A memo will be sent out asking if you plan to attend the buffet and if you will bring guests. The memo will also include options for a sack dinner that will be delivered.

New Year's Eve Prime Rib Dinner Wednesday, December 31st 4:00 - 6:00 pm - DR

Ring in the New Year with Prime Rib and Champagne. Enjoy an evening in the **Dining Room with friends and neighbors** toasting to new adventures that await us!







Outings





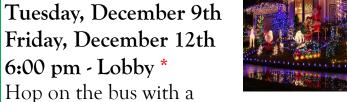
Christmas Junction & Lunch Out Wednesday, December 3rd 11:00 am - Meet at the Lobby

The ole world Christmas store is situated in the 1911 Old Town Bank. Step through the door and you will be transported to a world that is Christmas year round! Afterwards, we will get delicious food at Long Timber Brewing *Sign up at the front desk

Camas Country Mill Bakery & Store Wednesday, December 10th @10:00 am - Meet in Lobby

This is a unique little jewel, a small bakery, homemade bread, soups, jams and other specialty items with a festive atmosphere. * Sign up at the front desk

Christmas Light Tour Tuesday, December 9th Friday, December 12th 6:00 pm - Lobby *



cookie and friends as we venture through neighborhoods lit with holiday lights.

*Please sign up at the front desk

Holiday Market Christmas Bazaar Saturday, December 13th @11:00 - Lobby *

This is a time to shop for special items made by local vendors and enjoy the Christmas Season.

*Sign up at front desk





Bi-Mart

Tuesday, December

9th & 16th

@ 10:00 am - Lobby

Remember Lucky

number Tuesday.

*Please sign up at

front desk

SHOPPING

Valley River Mall **Tuesday** December 23rd @10:00 am - Lobby Get some Christmas Shopping checked off the to-do list.

*Please sign up at front desk



Trader Joes Friday, Dec. 5th @10:00 am - Lobby Hop on the bus and get those essentials you can only find at this popular organic store.

*Please sign up at front desk.



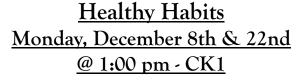
Health Minded Living





Masterclass -Thursday, December 4th & 11th @ 11:00 am - Packard Place

Master Class presenting Neil deGrasse Tyson fascinating presentation, including scientific thinking and communication.



Join Antigone and friends for helpful tips and tricks to lead a healthier lifestyle.

Learn how to make choices that are right for you and your body! The most healthful activities and nutritional choices aren't necessarily the same for everyone. Find what works for you!

Healthy Living



Healthy Living Support Group Monday, December 1st, 15th & 29th @ 3:15 pm in CK3

This resident run support group is a place to hold each other accountable, inspire friends, and learn new ways to have a healthy lifestyle.





Ageless Grace Mondays at 11:00 am

Ageless Grace is a fun and cutting edge brain and fitness program based on neuroplasticity that activates many functions of the brain-strategic planning, memory, recall, creativity, imagination and Kinesthetics learning.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DR = Dining Room PDR = Private Dining Room PP = Packard Place Lobby = Front Lobby CinRm = Cinema Room, 3rd Floor CK3 = Connie's Kitchen, 3rd Floor FH = Fishing Hole Game Rm, 1st Fl. TP = Tea Party Game Room, 2nd Fl. FIT = Fitness Room, Basement GB = Garden Boxes * Sign up at Front Desk	2:00 Cribbage Club - CK3 3:15 Bridge - TP 3:15 Healthy Living - CK3	2 9:00 - 5:00 Transportation 9:40 Sit and Resist - PP 10:15 Posture and Balance - PP 11:00 Wii Golf - PP 12:45 Christmas Sing-Along - PP 1:00 Indoor Walk - meet at Lobby 2:00 Bingo - PP 3:15 Makers' Meet Up 6:30 Pinocle - TP	3 9:00 - 5:00 Transportation 10:15 Chair Yoga - PP 11:00 Tai Chi - PP *11:00 Resident Outing Christmas Junction - Monroe 2:00 Chair Volleyball - PP 3:15 Bridge - TP 4:00 Barber Shop Quartet - PP 6:30 Games and Black Jack - PP	4 9:00 - 5:00 Transportation 9:40 Stretch & Meditate - PP 10:15 Total Body Fitness - PP 10:30 Ladies Bible Study - CK3 11:00 Master Class - PP 1:00 Men's Bible Appreciation - TP 1:30 Balance Basics - Fit * 3:00 Social Hour - The Angels - PP *6:30 Movie Night w/Susie - CmRm	5 9:00 - 5:00 Transportation 10:00 Trader Joes - Lobby * 10:00 Chapel - PP 11:30 Line Dancing - PP 2:00 Chair Volley Ball - PP 3:15 Bridge - TP 4:45 Piano Night - DR 6:30 Manipulation - PP	6 9:00 - 3:30 Transportation 10:15 Fitness Video - PP 11:00 Croquet - PP 12:00 - Emerald Chorus DR 2:00 Vegas Bingo - PP
7 9:00 - 2:00 Transportation 10:15 Fitness Video - PP 1:30 Manipulation - PP 2:00 Weekend Drive * Crow 3:15 Bridge - TP 6:30 Wii Bowling - PP	8 9:00 - 5:00 Transportation 10:15 Total Body - PP 11:00 Ageless Grace - PP 1:00 Healthy Habits - CK1 2:00 Chair Volleyball - PP 2:00 Cribbage Club - CK3 3:15 Bridge - TP 6:00 Early Dining Room Closure 7:00 Resident Christmas Party Blue Skies Band	9 9:00 - 5:00 Transportation 9:40 Sit and Resist - PP 10:00 Bi-Mart - Lobby * 10:15 Posture and Balance - PP 11:00 Wii Golf - PP 11:30 Creative Writing - CK3 1:00 Indoor Walk - meet at Lobby 2:00 Bingo - PP 3:15 Makers' Meet Up 6:00 - Resident Outing * Christmas Light Tour	10 9:00 - 5:00 Transportation 10:00 - Resident Outing * Camas Country Bakery 10:15 Chair Yoga - PP 11:00 Tai Chi - PP 2:00 Chair Volleyball - PP 3:15 Bridge - TP 6:30 Games and Black Jack - PP	9:40 Stretch & Meditate - PP 10:15 Total Body Fitness - PP 10:30 Ladies Bible Study - CK3 11:00 Master Class 1:00 Men's Bible Appreciation - TP 1:30 Balance Basics - FIT* 3:00 Social Hour - Mr. E-PP*	12 9:00 - 5:00 Transportation 10:00 Chapel - PP 11:30 Line Dancing - PP 2:00 Chair Volley Ball - PP 3:15 Bridge - TP 6:30 Manipulation - PP 6:00 - Resident Outing * Christmas Light Tour	13 9:00 - 3:30 Transportation 10:15 Fitness Video - PP 11:00 Ladder Ball 11:00 Resident Outing Holiday Market Christmas Bazaar - Lobby - * 2:00 Vegas Bingo - PP
2:00Transportation 10:15 Fitness Video 1:30 Manipulation - PP 2:00 Weekend Drive * Cottage Grove Bridges 3:15 Bridge - TP 6:30 Wii Bowling - PP	1:00 Art Therapy - CK3*	16 9:00 - 5:00 Transportation 9:40 Sit and Resist - PP 10:00 Bi-Mart - Lobby 10:15 Posture and Balance - PP 11:00 Wii Golf - PP 12:45 Christmas Sing-Along - PP 1:00 Indoor Walk - Meet at Lobby 2:00 Men's Edition - CinRm 6:30 Pinochle - TP	17 9:00 - 5:00 Transportation 10:15 Chair Yoga - PP 11:00 Tai Chi - PP 11:00 - Sara's Crafty Creations - CK3 2:00 Chair Volleyball - PP 3:15 Bridge - TP 6:00 Early Dining Room Closure 7:00 Employee Christmas Party - PP	10:30 Ladies Bible Study -	19 9:00 - 5:00 Transportation 10:00 Chapel - PP 11:30 - Line Dancing - PP 2:00 Chair Volley Ball - PP 3:15 Bridge - TP 6:00 Cub Scout Pac12 - Christmas Carols - PP	20 9:00 -3:30Transportation 10:15 Fitness Video - PP 11:00 Bean Bag Toss - PP 2:00 Vegas Bingo - PP
21 9:00 - 2:00 Transportation 10:15 Fitness Video 1:30 Manipulation - PP 2:00 Weekend Drive * Harrisburg 3:15 Bridge - TP 6:30 Wii Bowling - PP	22 9:00 - 5:00 Transportation 10:15 Total Body - PP 11:00 Ageless Grace - PP 1:00 Healthy Habits - CK1 2:00 Chair Volleyball - PP 2:00 Cribbage Club - CK3 3:15 Bridge - TP 6:30 - Games PP	23 9:00 - 5:00 Transportation 9:40 Sit and Resist - PP 10:00 - Valley River Center * 10:15 Posture and Balance - PP 1:00 - Indoor Walk - Meet at Lobby 3:00 - Readers Theater - Christmas Story with music	24 9:00 - 5:00 Transportation 10:15 - Chair Yoga - PP 11:00 Tai Chi - PP 2:00 Chair Volleyball - PP 3:15 Bridge - TP 4:30 - Piano Night - DR 6:00 Early Dining Room Closure	25 10:00 Fitness Video 11:00 Christmas Buffet - DR 2:00 - Sack Dinner Delivery Merry Christmas	26 9:00 - 5:00 Transportation 10:00 Chapel - PP 2:00 Chair Volley Ball - PP 3:15 Bridge - TP 4:30- Piano Night - DR 6:30 Manipulation - PP	27 9:00 - 3:30 Transportation 10:15 Fitness Video - PP 11:00 Ring Toss pp 2:00 Vegas Bingo - PP
28 9:00 - 2:00 Transportation 10:15 Fitness Video 1:30 Manipulation - PP 2:00 Weekend Drive * Creswell 3:15 Bridge - TP 6:30 Wii Bowling- PP	299:00 -5:00 Transportation 10:15 Total body - PP 11:00 Ageless Grace - PP 2:00 Chair Volleyball - PP 2:00 Cribbage Club - CK3 3:15 Healthy Living Support - CK3 3:15 Bridge - TP/6:30 Games	30 9:00 - 5:00 Transportation 9:40 Sit and Resist - PP 10:15 Posture and Balance - PP 11:00 Wii Golf - PP 1:00 - Indoor Walk - Meet at Lobby 1:00 Gathering Hands - CK1 2:00 Bingo - PP/3:15 Makers Meetup	31 9:00 - 5:00 Transportation 10:15 Chair Yoga - PP 11:00 Tai Chi Club 2:00 Chair Volleyball - PP 4:00- Prime Rib & Champagne Dinner	Dec	embe	7
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