

P	S	P	I	I	G	Q	S	L	L	N	M	O	V	G
L	R	P	J	M	I	N	S	U	R	O	Y	I	I	N
S	E	C	R	O	F	D	E	M	R	A	X	X	C	I
B	T	R	V	I	U	L	Z	Y	M	U	M	O	T	P
M	F	A	F	E	N	U	F	E	A	O	A	R	O	R
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S	O	Q	M	E	M	O	R	I	A	L	Y	K	I	H
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Y	E	L	L	A	V	E	H	T	F	O	Y	L	I	L



ARMED FORCES (Day)	GEMINI	MOWING
BUTTERFLY	KENTUCKY DERBY	NURSES (Day)
CHIRPING	LILY OF THE VALLEY	POLLEN
CINCO DE MAYO	MAY DAY	SPRING
EMERALD	MEMORIAL (Day)	TAURUS
FLOWERS	MOTHER'S (Day)	VICTORIA (Day)

DEPARTMENT HEAD DIRECTORY

General Manager: Kim Stokes
 Controller: Tammie Sells
 Marketing Director: Kimberly Richards
 Plant Engineer: Forest Leonard
 Dining Supervisor: Sara Lascano



Executive Chef: Marshall Eck
 Housekeeping Supervisor: Jessie Wingfield
 Wellness Director: Antigone Allena
 Social Coordinator: Sara Lascano
 Transportation Dir.: Tony Carp

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 Eugene, OR 97404
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 (800) 818 - 7518

The Terrace Connection



TERPENING
 Elegant Retirement Living
 TERRACE



May

This Month's Highlights

- ♦ *Mother's Day Buffet and Tea Party*
- ♦ *Musical Performances by: The Angels, Jon Franke & Three of Hearts*
- ♦ *Piano Night* - With Louis Faro
- ♦ *Thai Chi Club & Daily Fitness Classes*
- ♦ *Terpening Tones* - Now twice a week on Tuesdays
- ♦ *Outings:* Wildlife Safari, Iris Festival, Sweet Cheeks Winery & Eugene Emeralds Baseball Game
- ♦ *Memorial Day Social Hour*
- ♦ *Movie Nights with Susie in the Cinema Room*
- ♦ *Monday Morning Mimosas*
- ♦ *River Walk & Neighborhood Walk Exercise Outings*

Sign up sheets will be available at the Front Desk, one week in advance, for events that require sign up.



Social Coordinator's Message

"Come with me into the woods. Where spring is advancing, as it does, no matter what, not being singular or particular, but one of the forever gifts, and certainly visible." – Mary Oliver

April showers have officially brought us May flowers! Welcome to a new month of sunshine, friends, and an abundance amount of fun to have. Get outside and garden with wellness and activities, hop on the bus for a stroll by the river or picnic at a winery, and enjoy music with friends during our social hour events. Need more music in your life? Terpening Tone's Choir group will official be practicing twice a month on Tuesdays! Hungry for knowledge? Or Just plain hungry? Our Masterclass theme this month is - Intentional Eating. Join us on Fridays for informational episodes about finding the right balance of food to eat. Our TED Talk this month coincides with this theme - with multiple speakers touching on Food for the Future.

I hope you cherish the spring weather, sunshine, and have a lovely month of May - Sara Lascano



Inspiration



Chapel Service

Fridays, in Packard Place.
This non-denominational service starts at 10:30 am.



Women's Bible Study

Thursdays @ 10:30 am - CK3

Please join our new Ladies Study. We will be meeting on Thursdays. Join us for a place for all women to come together to support each other.

Maker's Meet Up

Tuesdays @ 3:15 pm - Packard Place

Do you knit? Crochet? Sketch? Read? Do you find yourself to be more productive with like-minded company? Hang out in Packard Place on Tuesday afternoons with other "makers". The idea is to bring a project you're working on and feel inspired by those around you to keep going. No sign up needed.

Men's Bible Appreciation

Thursdays @ 1:00 pm - Tea Party Game Room

Join us for a dose of wisdom, brotherhood and scripture with fellow residents. Bible appreciation always welcomes new faces.

The Connection

Terpening Terrace, and our sister buildings have created a page on Facebook where we can all stay connected. On this page, you will find videos of Terpening Terrace staff and residents and some videos from all the other buildings too!

Employee of the Month

May, 2025

Congratulations, Moani Kanahele!



Moani is naturally an amazing housekeeper because of her attention to detail and team oriented mindset. She instantly connects with residents and staff and her kindness is always felt in each conversation. Moani puts intention and care into her work and we are so grateful she is part of the team. Thank you for all you do!

Maggie Yoder
May 1st

Pat Hopkins
May 2nd

Kiyoko Mickus
May 3rd

Corinne Standerfer
May 13th

Beverly Alexander
May 17th

Susanne Fountain
May 23rd



Bob Bergfield
May 16th

Ruth Rea
May 18th

Leonard Lundquist
May 29th

HAPPY
Anniversary



Dorothy & Lynn Chilson
May 21st

Creative Writing Class

Tuesday, May 13th
@ 11:30 am - CK3

Express ideas, feelings, and memories through creative writing. From short stories to memoirs, and even poetry, expand your writing skills by sharing with friends.

Gathering Hands for Charity

Tuesday, May 13th & 27th
@1:00 pm - CK1



"Helping children in crisis
one Bag of Love at a time"

Give back to the community by helping us tie cozy blankets for children and teens in need. No supplies or experience is needed.

TED Talk & Thoughts

Monday, May 5th
@ 1:00 pm - Cinema Room

This month's talk:

TED Explores -
Food for the Future

TED Ideas worth spreading

TED is a non-profit that believes powerful ideas, powerfully presented, move us to feel something, to think differently and take action. TED is devoted to curiosity, reason, wonder and the pursuit of knowledge without an agenda.





Fun & Games



Community



Available Game Rooms

FH = Fishing Hole —1st Floor

PP = Packard Place —1st Floor

TP = Tea Party —2nd Floor

CK3 = Connie's Kitchen —3rd Floor

Weekly Games

Sundays @ 1:30 pm in PP - Manipulation

Sundays @ 3:15 pm in TP - Bridge

Mondays at 2:00 pm in CK3 - Cribbage

Mondays at 6:30 pm in PP - Players Choice

Tuesdays at 6:30 pm in PP - Players Choice

Mon/Wed/Fri at 3:15 pm in TP - Bridge

Fridays at 6:30 p.m. in PP - Manipulation

These events are resident run, please contact activities if you would like to inquire about starting a new weekly game.

Wii Sports

Improve your hand-eye coordination using the Wii system with friends. Get your body moving!

*Wii Golf on Tuesdays @ 11:00 am - PP
&
Wii Bowling on Sundays 6:30 pm - PP*

Chair Volley Ball

Mon, Wed, Fri @ 2:00 pm - PP

Get energized by bopping a beach ball over a net during chair volley ball. You will laugh, hoot and holler during this exercise activity!

Games with Jamie

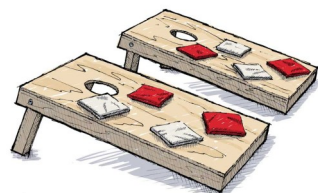
Saturdays @ 11:00 am - Packard Place

3rd: Ladder Ball

10th: Croquet

24h: Bean Bag Toss

31st: Scrabble



Bingo

Tuesdays @ 2:00 pm - Packard Place

Join Activities in Packard Place for Bingo! Playing regular Bingo, fun patterns and blackout! You will have the chance to win candy or a snack if you get a bingo.

Vegas Bingo

Saturdays @ 2:00 pm - Packard Place

Saturday bingo has higher stakes. Bring some quarters and play to win big!

Each card you play costs 25 cents for the day, so if you want to play 3 cards, it will cost 75 cents.

Community Libraries

Take a vacation in a good book or learn something new! Books from Terpening and the Eugene Library are available to you. Be sure to write your name and book down on the checkout sheet in the library.

There are libraries located on the second and third floors.



Puzzle Room

Located on the Second Floor

See what's new in the Puzzle Room. The residents are working on new puzzles each week to display in the common area near the dining room. Come add a piece and make a friend.

Mimosa Morn' in the Dining Room

Monday, May 26th, 7:00-10:00 am

Need a reward for being an early riser? Or need motivation to become one? Join us for fun flavored mimosas at breakfast! Non-alcoholic options will also be available.

Resident Town Hall Meeting

May 12th

Meetings are usually held on the Second Monday of each month at 10:30 a.m. in Packard Place. December is skipped.

Limited Seating - Sign up to attend!

Terpening's Veterans Board

We are dedicated to honoring our Veterans. Please contact the Activities Department if you would like a photo & name plate made for board display.

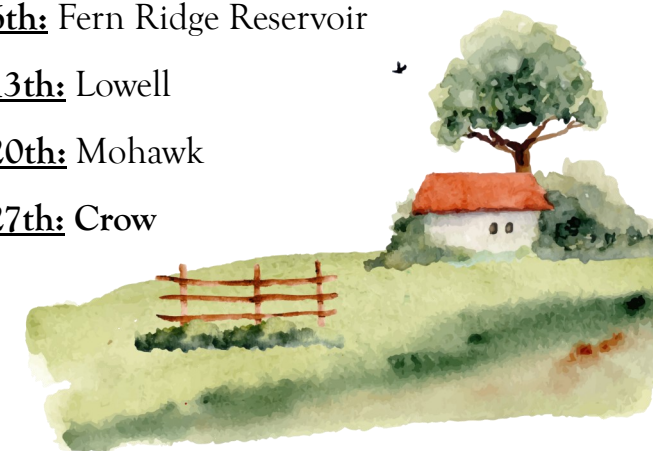
Sunday Drives with Jason

6th: Fern Ridge Reservoir

13th: Lowell

20th: Mohawk

27th: Crow



Transportation

Our On-Demand transportation is convenient and reliable, courtesy of our fantastic Transportation Department. Residents sign up for transportation at the front desk. Medical appointments allow a 10 mile radius and all other destinations allow a 6 mile radius of Terpening Terrace. Please provide the time you would like to be at your destination as well as the address.

Monday - Friday	9:00 a.m. - 5:00 p.m.
Saturday	9:00 a.m. - 3:30 p.m.
Sunday	9:00 a.m. - 2:00 p.m.

**Please note: Earlier and later times can be accommodated with advance notice, depending on driver availability.*



Art & Creativity

Social Hour

Tea Party Hat Craft

Friday, May 9th
@ 1:00 pm - CK3

Get crafty with Sara & Jamie! Design your own tea party hat or fastener to don at our Mother's Day Tea Party the next day - May 10th. Choose from various color ribbon, flowers, and materials to create a fabulous look.

Please sign up at the desk to attend.

Art Therapy

Monday, May 19th @ 1:00 pm - CY

Nurturing your inner artist is good for your health! Proven benefits are improved memory, cognitive function, and motor skills. This month's art therapy is preparing us for spring -

Watercolor in the Courtyard

Please sign up at the desk to attend.

Baking With Jamie

Saturday, May 17th @ 11:00 am - CK1

Join Jamie in the first floor kitchen for a baking demonstration. Featuring -

Lemon Bundt Cake

Please sign up at the desk to attend.

The Angels

Thursday, May 1st

@ 3:00 pm - Packard Place

The Angels are returning to Terpening for a spring show! Get a good seat with friends for an energetic and festive performance by our favorite Portland trio.

Trivia & Root Beer Floats

Thursday, May 8th

@ 3:00 pm - Packard Place

Get your thinking caps on! Team up with fellow residents for an hour of mixed trivia. Enjoy a root beer float made to order as you play.

Three of Hearts

Thursday, May 22nd

@ 3:00 pm - Packard Place

Our other favorite trio is back for an engaging show celebrating "Women in Music" Sing along, dance, and play a game of - Name That Tune

Please sign up at the desk to attend social hours.

Piano Night w/ Louis Faro

Friday, May 2nd @ 4:30 pm - DR

Enjoy an elegant evening in the Grand Terrace Dining Room, with an hour of live music by the talented Louis Faro.

A Time of Remembrance A Memorial Day Social Event

Thursday, May 29th

@ 3:00 pm - Packard Place

Spend this social hour time with intention. Share stories, listen to your neighbors, and remember those who lost their life serving their country. Enjoy some snacks, drinks, and background music will be provided.

Shopping

Bi-Mart

Tuesday, May 6th & 20th @ 10:00 am

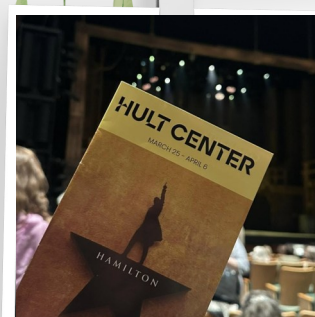
Meet in the front lobby and get some shopping done! Reusable bags are encouraged.

Trader Joes

Friday, May 30th @ 10:00 am - Lobby

Hop on the bus and get those essentials you can only find at this popular organic grocery store.

April
Recap



Outings

Wildlife Safari

Wednesday, May 7th @ 9:30 - Lobby

Head down to Winston, Oregon for a day in the jungle with all its animals! The bus will tour the many acres of land that Wildlife Safari dedicates to its large family of wildlife. **Tickets are \$22.95.**

After the safari tour, we will hop off the bus and eat lunch at the café before heading home around 2 p.m.

Purchase tickets at the desk.



Eugene Emeralds Baseball Game

Wednesday, May 21st @ 5:45 pm - Lobby

Enjoy an evening baseball game with friends, snacks, and excitement as we cheer on the Emeralds! **Tickets are \$7.00.** Game starts at 6:35 pm and we will return around 9:30 p.m. Please purchase tickets at the Desk.

Iris Festival at Schreiner's Gardens

Wednesday, May 14th @ 9:30 am - Lobby

Enjoy a scenic drive to Schreiner's Garden in Silverton, Oregon for another day among the flower fields. So enjoy the sunshine and a picnic lunch with friends. We will head home by 2:00 p.m. **Tickets are \$6.00, purchased at the desk.**

Sweet Cheeks Winery & Picnic

Wednesday, April 30th @ 11:30 am- Lobby

Enjoy the view and some wine from Sweet Cheeks with a picnic lunch from Terpening. You don't need to drink wine to enjoy the sun and vineyard! We encourage everyone to join us.

Sign up at the desk to attend outings.

Health Minded Living

Healthy Habits

Monday, May 12th
@ 1:00 pm - CK1

Join Antigone and friends for helpful tips and tricks to lead a healthier lifestyle.

Learn how to make choices that are right for you and your body! No person is the same, so making choices to be active and nutritious can look differently from one person to the next.



Healthy
Living

Healthy Living Support Group

Saturday, May 10th & 24th
@ 1:00 pm in CK1

This resident run support group is a place to hold each other accountable, inspire friends, and learn new ways to have a healthy lifestyle.

Master Class - Intentional Eating

Friday, May 2nd, 16th & 30th
@ 11:15 am - Packard Place

Master Class is an online learning platform using well-known experts in a variety of subjects. Online offerings include hundreds of video lessons and workbooks taught by experts in subjects like cooking, writing, business and more.

River Walk

Friday, May 9th & 23rd @11:00 am

Hop on the bus for some fresh air and exercise! Stroll the river with friends and sunshine.

Community Garden Boxes

Fridays @10:00 am

Help us tend to our edible flower garden. If you can't make it out there Friday mornings, pick a time that works for you!

Movie Nights with Susie

@ 6:30 pm - 3rd Floor Cinema Room

Thursday, May 1st - *The Hundred-Year-Old Man Who Climbed out the Window & Disappeared*

A 2013, Swedish comedy, about Allen. He "escapes" from his retirement home and has some amazing adventures across multiple countries. Through flashbacks we learn of his childhood and past experiences. Some have compared his adventures to "Forest Gump".

Thursday, May 15th - *Hidden Figures*

Three brilliant African-American women at NASA serve as the brains behind one of the greatest operations in history: the launch of astronaut John Glenn into orbit, a stunning achievement that restored the nation's confidence, turned around the Space Race and galvanized the world.

Limited Seating available - please sign up at the front desk to attend.

May's Special Events

Mother's Day Buffet

Sunday, May 11th @ 11:00 am

Celebrate Mother's Day with a grand buffet! Bring family and friends to enjoy an array of specially prepared dishes.

If you are bringing Guests -
All reservations must be made by
Friday, May 9th.

A memo will be passed out with more information.

Mother's Day Tea Party

Saturday, May 10th
@ 2:00 p.m. in Packard Place

This event is for all ladies, mothers, aunts & grandmas. Get dolled up, don your tea party hat, and enjoy delectable finger foods as we sip Tea from fine china tea cups! Socialize with the ladies of Terpening for Mother's Day.

Sign up to join, guests welcome!



