



Colonial Life

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independence	constitution	newengland	santamaria	settlement
jamestown	mayflower	puritans	explorer	pilgrims
virginia	plymouth	Columbus	america	harvest
england	indians	weaving	boston	Colony
quill	crops	ocean	spain	churn
farms	pinta	corn	nina	ink

DEPARTMENT HEAD DIRECTORY

General Manager: Kim Stokes
Controller: Tammie Sells
Marketing Director: Kimberly Richards
Plant Engineer: Forest Leonard
Dining Supervisor: Amanda Adams

50 Ruby Avenue
Eugene, OR 97404
www.terpeningterrace.com



Unusual Name. Unmatched Service.

Executive Chef: Jason Wish
Housekeeping Super: Jessie Wingfield
Wellness Director: Antigone Allena
Social Coordinator: Renelle Reese
Transportation Dir.: Tony Carp

(541) 689 - 0619
(800) 818 - 7518

The Terrace Connection



This Month's Highlights

- ♦ **Social Hour:** The Angels, Skip Jones and Paul Hobbs, Timothy Patrick, TT Family
Feud with Root Beer Floats and Georges Bouhey
- ♦ **Outings:** Country Bakery, Lavelle Vineyards, Takoda's Restaurant, Beergarden,
Falling Sky Brewing and RiverBend Coffee
- ♦ **Piano Night** with Louis Faro and **Saxophone Night** with Nathan Boal
- ♦ **New Fitness Classes:** Laughter Yoga, Weight Room Intro & Fluid Movement
- ♦ **Bunco Group, Shuffle Board and Left Center Right**
- ♦ **Shopping trips** to Bi-Mart, Trader Joe's and Thistledown Farms
- ♦ **Sunday Drives** with Jason
- * **Quilling with Janie, Craft with Jamie and Games with Renelle**
- ♦ **Movie Nights** with Susie

Sign up sheets will
be available at the
Front Desk, one week
in advance, for events
that require sign up.





Social Coordinator's Message

Dear Residents,
 July is here, and we're embracing the Colonial Spirit - a month to celebrate history, camaraderie, and the joy of shared experiences. Our calendar is brimming with adventures: from scenic drives through Oregon's summer beauty to tasting at local wineries, brewery and a journey to our State Capital for a day of discovery and pride. Back at home, the fun continues! Test your quick thinking at Family Feud Social hour, enjoy happy hour on our beautiful courtyard, play games with friends and enjoy special piano and saxophone music in the Dining Room. Let's raise a glass - to friendship, to history, and to the spirit that makes our community shine.

Warmly, Renelle Reese



Inspiration



Chapel Service

Fridays in Packard Place.
 This non-denominational service starts at 10:00 am.



Women's Bible Study

Thursday July 16th & 23rd
 @ 10:30 am - CK3

Please join our Ladies Study. We will be meeting on Thursdays. Join us for a place for all women to come together to support each other.

River Walk

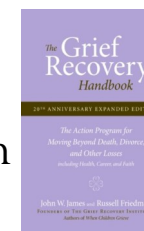
Friday July 10th

@10:00 am - Lobby

Get out and get some fresh air!
 Join activities for some light exercise and beautiful park views as we stroll along the riverside with friends.
We will return for lunch.

Grief Support Group

Wednesday, July 15th
 @3:30 pm - Cinema Room



Let's support one another using The Grief Recovery Handbook

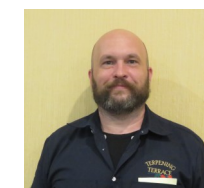
Arts & Crafts

Tuesday @3:15pm
CK1 - First Floor

Bring a project you're working on and feel inspired by those around you. Fellowship with your Terpening Terrace friends while you craft.

AARP SCAMS by Forest

Wednesday, July 8th
 11:30 am - Packard Place



Be prepared if this scam comes to you!

Employee of the Month

July, 2026

Congratulations, Jamie Kluth



Jamie is an exceptional team player whose kindness, patience, and positive attitude make a lasting impact on residents and coworkers alike. She is always willing to lend a helping hand and communicates effectively with everyone she works with. Her genuine care for others and supportive nature help create a welcoming, engaging environment that reflects the very best of our community.

Happy Birthday

Elmer Thielman	July 2
Tom Bouse	July 3
Jim Tankersley	July 6
Mike Reddy	July 11
Bill Easton	July 13
Mary Mason	July 14
Frieda Uhrich	July 15
Candy Karshneski	July 17
Carol Roth	July 22
Tom Karshneski	July 27
Donna Whitlatch	July 28
Sharon Ostrander	July 28
Elsie Bergold	July 31



Welcoming our new resident:
 Debbie Rauch





Fun & Games



Community



Available Game Rooms

FH = Fishing Hole —1st Floor

PP = Packard Place —1st Floor

TP = Tea Party —2nd Floor

Cin Rm = Cinema Room - 3rd Floor

Weekly Games

Sundays at 1:30 pm in PP - Manipulation

Mondays at 2:30 pm in CK3 - Cribbage

Mondays at 6:30 pm in PP - Players Choice

Wednesdays at 6:30 pm in PP - Players Choice

Mon/Tues/Wed/Fri at 3:15 pm in TP - Bridge

Fridays at 6:30 pm in PP - Manipulation

Saturdays at 3:15 pm in FH - Pinochle



Games with Jamie

Saturdays @ 11:00 am - Packard Place

4th - Holiday 18th - Croquet

11th - Bean Bag Toss 25th - Shuffle Board

Wii Sports

Improve your hand-eye coordination using the Wii system with friends. Get your body moving!

Wii Golf on Tuesdays @ 11:00 am - Cin Rm



Chair Volley Ball

Mon, Wed, Fri @ 2:00 pm - PP

Get energized by bopping a beach ball over a net during chair volley ball. You will laugh, hoot and holler during this exercise activity!

Bingo

Tuesdays @ 2:00 pm - Packard Place

Join Activities in Packard Place for Bingo!
Enjoy regular Bingo, fun patterns and blackout!

You will have the chance to win candy or a snack if you get a bingo.



Vegas Bingo

Saturdays @ 2:00 pm - Packard Place

Saturday bingo has higher stakes. Bring some quarters and play to win big!

Each card you play costs 25 cents for the day, so if you want to play 3 cards, it will cost 75 cents.

Shuffle Board Tournament

Saturday, July 25th

@11:00 am - Fit



Left Center Right Game

****Bring 20 dimes**

Tuesday, July 21st

11:00 am - PP



This dice game has simple setup and rules so anyone can learn it within a couple of minutes.

BUNCO GROUP

(3rd Tuesday of the Month)

When: Tuesday, July 21st

Time: 6:00 pm

Where: Packard Place

***Sign up with Renelle**



Resident Town Hall Meeting

Monday, June 13th

@10:30 am - Packard Place



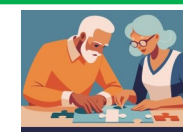
Terpening's Veterans' Board

We are dedicated to honoring our Veterans.

Please contact the Activities Department if you would like a photo & name plate made for board display.

Puzzle Room

Located on the Second Floor



See what's new in the Puzzle Room. The residents are working on new puzzles each week to display in the common area near the dining room. Come add a piece and make a friend.

Sunday Drives with Jason

July 5 - Fox Hollow

July 12 - Sweet Home - 2.5 hr

July 19 - Fern Ridge Reservoir

July 26 - McKenzie West



Mimosa Monday in the Dining Room

July 13th, 11:00 - 1:00 pm

Join us for fun-flavored mimosas at breakfast!
Non-alcoholic options will also be available.



Community Libraries

Take a vacation in a good book or learn something new! Books from Terpening and the Eugene Library are available to you. Be sure to write your name and book down on the checkout sheet in the library.

There are libraries located on the second and third

Transportation

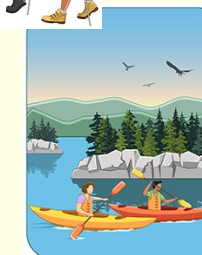
Our On-Demand transportation is convenient and reliable, courtesy of our fantastic Transportation Department. Residents sign up for transportation at the front desk. Medical appointments allow a 10 mile radius and all other destinations allow a 6 mile radius of Terpening Terrace. Please provide the time you would like to be at your destination as well as the address.

Monday - Friday 9:00 a.m. - 5:00 p.m.

Saturday 9:00 a.m. - 3:30 p.m.

Sunday 9:00 a.m. - 2:00 p.m.

**Please note: Earlier and later times can be accommodated with advance notice,*



Art & Creativity

Quilling with Janie

Tuesday, July 7th & 28th
11:00 am - CK3



Spend time with Janie in the third floor kitchen creating a Quilling craft. All the supplies will be provided.

Watercolor Painting

Monday, July 20th
@ 1:00 pm - CK3



This class provides a gentle and rewarding introduction to art, focusing on cognitive stimulation, emotional fulfillment, and social engagement. Basic techniques and adaptive tools to accommodate various physical abilities. **Please sign up at the front desk.**

Paint & Sip

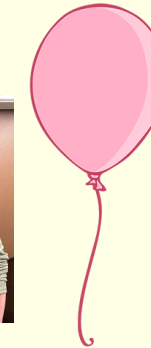
Tuesday, July 14th
11:00 am - PP



Unwind, laugh, and let your inner artist shine at our cozy Paint & Sip Wine Party! Whether you're a seasoned painter or just here for the fun, you'll enjoy step-by-step guidance while sipping your favorite wine. ***Sign up at the front desk**

Social Hour

Wear your TIE DYE for...
July Birthday Party w/ our Angels
Thursday, July 2nd
@ 3:00 pm - Packard Place



Get a good seat with friends for an energetic and festive performance by our favorite Portland trio.

LOUIS FARO - Piano
Friday, July 3rd
4:30- 5:30 pm
NATHAN BOAL - Sax
Sunday, July 12th
4:30 - 5:30 pm



Timothy Patrick

is performing a fun show!
"On the Beach"

Thursday, July 16th
@3:00pm - Packard Place



Family Feud & Root Beer Floats

Thursday, July 23rd
3:00 pm - Packard Place



Get ready for a little inhouse competition with the TT Staff vs Residents. Let's see which family can name the most popular answers to survey questions!!!!

Georges Bouhey

Thursday, July 30th
3:00 pm - Packard Place



The sharply dressed gentleman with an Aura of Accomplishment and serenity playing the piano bringing a special touch of class and elegance to our social time.

Movies with Susie



July 3rd - Sunrise at Campobello - a 1960 American biographical film which dramatizes the struggles of future U.S. President Franklin D. Roosevelt and his family when Roosevelt was stricken with paralysis at the age of 39 in August 1921.



July 17th - Lincoln - As the Civil War rages on, U.S. President Abraham Lincoln struggles with continuing carnage on the battlefield as he fights with many inside his own cabinet on his decision to emancipate the slaves.



HOBBS & JONES

CLASSIC SONGS • VINTAGE VIBES • GOOD TIMES



THURSDAY
JULY 9
3:00-4:00 PM

TERPENING
TERRACE

AN AFTERNOON OF BOOGIE-WOOGIE & CLASSIC R&B

KABOOM





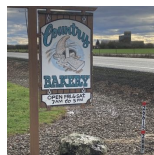
Outings



Country Bakery & Scenic Drive

Wednesday, July 1st
@ 10:30 am - Lobby

*Sign up at the front desk



State Capital Tour & Lunch

Wednesday, July 8th

9:30 am - Lobby

Dedicated in 1938, the current capital is a national Historic Landmark blending traditional and modern styles in a domed rotunda. Lunch at the Capital Café

*Sign up at the front desk



Lavelle Vineyards

Wednesday, July 15th

11:30 am - Lobby

Family-owned, boutique-style winery offering stunning views, a warm welcoming atmosphere and award winning wines.

*Sign up at the front desk



Shopping

Trader Joe's

Friday, July 3rd
@ 10:00 am - Lobby



Hop on the bus and get those essentials you can only find at this popular organic store.

*Sign up at front desk

Bi-Mart

Tuesday, July 14th & 28th
@ 10:00 am - Lobby

Remember Lucky number Tuesday.

*Sign up at front desk



Thistledown Farm

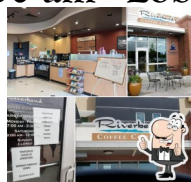
Friday, July 17th
Saturday July 25th
@ 10:00 am -Lobby
Let's go to the farm stand for some fresh goods and fresh air!

*Sign up at front desk



RIVERBEND COFFEE

Friday, July 31st
9:30 am - Lobby



Let's go enjoy a cup of coffee and the most amazing pastry selection with our very favorite person "Denise"!!

*Sign up at front desk

Takoda's Restaurant & Blue River Scenic Drive

Wednesday, July 22

11:00 am - Lobby

*Sign up at the front desk



Beergarden

Friday, July 24th

11:15 am - Lobby

Beergarden is an eclectic home to fine foodcarts and Taproom with 42 taps and hundreds of bottles of craft beer, wine, cider and kombucha.

*Sign up at the front desk



Falling Sky Brewing

Wednesday, July 29

11:00 - Lobby

*Sign up at the front desk



Health Minded Living



NEW CLASSES

Fluid Movement - Fridays 11:00 FIT

Combines gentle movement with self massage for improved circulation, health and relaxation

Laughter Yoga

Tuesday, July 7th - 11:00 Packard Place
Incorporates intentional laughter with easy fun yogic breathing to reduce stress, improve mood and boost overall vitality

Weight Room Intro

Wednesday, July 22nd - 9:15am - FIT

Tuesday, July 28th - 11:00 am - FIT

Learn the fitness equipment in the FIT room.

MEN'S EDITION

Top 10 Fishing Videos 2025

Tuesday, July 21st 3:15 Cin Rm



From massive aircraft carriers to giant space robots, humans have built machines so enormous they push the limits of engineering. In this video, we'll explore some of the biggest and most powerful machines ever created.

Ageless Grace

Mondays at 11:00 am

Ageless Grace is a fun and cutting edge brain and fitness program based on neuroplasticity that activates many functions of the brain-strategic planning, memory, recall, creativity, imagination and Kinesthetics learning.



AGING WELL

Monday, July 13th & 27th

1:00 pm CK1



Join Antigone and friends for helpful tips and tricks to thrive at Terpening! Learn how to make choices that are right for you and your body! The most healthful activities and nutritional choices aren't necessarily the same for everyone. Find what works for you!



Healthy Living Support Group

Monday, July 6th & 20th

@ 1:00 pm in CK1

This resident run support group is a place to hold each other accountable, inspire friends, and learn new ways to have a healthy lifestyle.



Balance Basics

Thursdays at 1:30 pm - FIT
Essential class that works on your balance. We don't want you to fall!!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
JULY 			1 9:00 - 5:00 Transportation 10:15 Chair Yoga - PP 10:30 - Resident Outing Country Bakery & Drive* 11:00 Tai Chi - PP 2:00 Chair Volleyball - PP 3:15 Bridge - TP 	2 9:00 - 5:00 Transportation 9:40 Stretch & Meditate - PP 10:15 Total Body Fitness - PP 1:30 Balance Basics - FIT 3:00 Social Hour - PP* ANGELS 6:30 Movie Night w/Susie - Cin Rm* 	3 9:00 - 5:00 Transportation 10:00 Chapel - PP 10:00 Trader Joes - Lobby* 2:00 Chair Volley Ball - PP 3:15 Bridge - TP 4:30 Piano Night - DR 6:30 Manipulation - PP   	4 9:00 - 3:30 Transportation 10:15 Fitness Video - PP 3:15 Pinochle - FP 	
5 9:00 - 2:00 Transportation 10:15 Fitness Video - PP 1:30 Manipulation - PP 2:00 Weekend Drive* Fox Hollow	6 9:00 - 5:00 Transportation 10:15 Total Body - PP 11:00 Ageless Grace - PP 1:00 Healthy Living Support - CK1 2:00 Chair Volleyball - PP 2:30 Cribbage Club - CK3 3:15 Bridge - TP 6:30 Games - PP  	7 9:00 - 5:00 Transportation 9:40 Sit and Resist - PP 10:15 Posture and Balance - PP 11:00 Quilling w/Janie - CK3 11:00 Laughter Yoga - PP 11:00 Wii Golf - Cin Rm 1:00 Garden Club - CK1 2:00 Bingo - PP 3:15 Arts & Crafts - CK1	8 9:00 - 5:00 Transportation 9:30 Resident Outing Oregon State Capital Tour* 10:15 Chair Yoga - PP 11:00 Tai Chi - PP 11:30 AARP Scams PP 2:00 Chair Volleyball - PP 3:15 Bridge - TP 6:30 Games - PP 	9 9:00 - 5:00 Transportation 9:40 Stretch & Meditate - PP 10:15 Total Body - PP 1:30 Balance Basics - FIT 3:00 Social Hour - PP* Skip Jones & Paul Hobbs 6:30 Seasoned Readers Practice - PP	10 9:00 - 5:00 Transportation 10:00 Chapel - PP 10:00 River Walk - Lobby* 11:00 Fluid Movement - FIT 2:00 Chair Volley Ball - PP 3:15 Bridge - TP 4:00 Happy Hour - Courtyard 6:30 Manipulation - PP 	11 9:00 - 3:30 Transportation 10:15 Fitness Video - PP 11:00 Bean Bag Toss - PP 2:00 Vegas Bingo - PP 3:15 Pinochle - FH 	
12 9:00 - 2:00 Transportation 10:15 Fitness Video 1:30 Manipulation - PP 2:00 Weekend Drive* Sweet Home 2 - 2.5 hrs. 4:30 Saxophone Night 	13 9:00 - 5:00 Transportation 10:30 Town Hall - PP 11:00 - 1:00 Mimosa Monday - DR 1:00 Aging Well - CK1 2:00 Chair Volleyball - PP 2:30 Cribbage Club - CK3 3:15 Bridge - TP 6:30 Games - PP  	14 9:00 - 5:00 Transportation 9:40 Sit and Resist - PP 10:00 Bi-Mart - Lobby* 10:15 Posture and Balance - PP 11:00 Paint & Sip - PP 11:00 Wii Golf - Cin Rm 2:00 Bingo - PP 3:15 Arts & Crafts - CK1 	15 9:00 - 5:00 Transportation 10:15 Chair Yoga - PP 11:00 Tai Chi - PP 11:30 Resident Outing Lavelle Vineyards* 2:00 Chair Volleyball - PP 3:15 Bridge - TP 3:30 Grief Support Group - Cin Rm  	16 9:00 - 5:00 Transportation 9:40 Stretch & Meditate - PP 10:15 Total Body Fitness - P 10:30 Ladies Bible Study - CK3 1:30 Balance Basics - FIT 3:00 Social Hour - PP* Timothy Patrick 6:30 Movie Night w/Susie - Cin Rm	17 9:00 - 5:00 Transportation 10:00 Chapel - PP 11:00 Thistledown Farm* 11:00 Fluid Movement - FIT 2:00 Chair Volley Ball - PP 3:15 Bridge - TP 6:30 Manipulation - PP  	18 9:00 - 3:30 Transportation 10:15 Fitness Video - PP 11:00 Croquet - PP 2:00 Vegas Bingo - PP 3:15 Pinochle - FH	
19 9:00 - 2:00 Transportation 10:15 Fitness Video 1:30 Manipulation - PP 2:00 Weekend Drive* Fern Ridge Reservoir	20 9:00 - 5:00 Transportation 10:15 Total Body - PP 11:00 Ageless Grace - PP 11:00 Holly's Jewelry - PP 1:00 Healthy Living Support CK1 1:00 Watercolor Painting CK3* 2:00 Chair Volleyball - PP 2:30 Cribbage Club - CK3 3:15 Bridge - TP 6:30 Games - PP 	21 9:00 - 5:00 Transportation 9:40 Sit and Resist - PP 10:15 Total Body - PP 11:00 Left Center Right Game - PP 11:00 Wii Golf - Cin Rm 1:00 Garden Club - CK1 2:00 - Bingo - PP 3:15 Arts Crafts CK1 3:15 Men's Edition - You Tube -Cin Rm 6:00 Bunco Group - PP	22 9:00 - 5:00 Transportation 9:15 Weight Rm Intro - FIT 10:15 Chair Yoga - PP 11:00 Resident Outing Takoda's Restaurant & Drive* 11:00 Tai Chi - PP 2:00 Chair Volleyball - PP 3:15 Bridge - TP 6:30 Games - PP  	23 9:00 - 5:00 Transportation 9:40 Stretch & Meditate - PP 10:15 Total Body - PP 10:30 Ladies Bible Study CK3 1:30 Balance Basics - FIT 3:00 Social Hour - PP* TT Family Fued 6:30 Seasoned Readers Practice - PP	24 9:00 - 5:00 Transportation 10:00 Chapel - PP 11:00 Resident Outing Beergarden* 11:00 Fluid Movement - FIT 2:00 Chair Volleyball 3:15 Bridge - TP 6:30 Manipulation - PP 	25 9:00 - 3:30 Transportation 10:00 Thistledown Farms* 10:00 Fitness Video - PP 11:00 - Shuffle Board - FIT 2:00 Vegas Bingo - PP 3:15 Pinochle - FH	
26 9:00 - 2:00 Transportation 10:15 Fitness Video 1:30 Manipulation - PP 2:00 Weekend Drive* McKenzie West	27 9:00 - 5:00 Transportation 10:15 Total Body - PP 11:00 Ageless Grace - PP 1:00 Aging Well - CK1 2:00 Chair Volleyball - PP 2:30 Cribbage Club - CK3 3:15 Bridge - TP 6:30 Games  	28 9:00 - 5:00 Transportation 9:40 Sit and Resist - PP 10:00 BiMart - Lobby* 10:15 Posture and Balance - PP 11:00 Wii Golf - Cin Rm 11:00 Weight Rm Intro - FIT 11:00 Quilling w/Janie - CK3 2:00 Bingo-PP 3:15 Arts Crafts CK1  	29 9:00 - 5:00 Transportation 10:15 Chair Yoga - PP 11:00 Resident Outing Falling Sky Brewing* 11:00 Tai Chi - PP 2:00 Chair Volleyball - PP 3:15 Bridge - TP 6:30 Games - PP 	30 9:00 - 5:00 Transportation 9:40 Stretch & Meditate - PP 10:15 Total Body - PP 1:30 Balance Basics - FIT 3:00 Social Hour - PP Georges Bouhey	31 9:00 - 5:00 Transportation 10:00 Chapel - PP 11:00 Resident Outing RiverBend Coffee* 11:00 Fluid Movement - FIT 2:00 Chair Volleyball 3:15 Bridge - TP 6:30 Manipulation - PP  	DR - Dining Room PP - Packard Place Lobby - Front Entrance Cin Rm - Cinema Room CK1 - Betsy's Kitchen 1st Floor CK3 - Kitchen 3rd Floor FH Fishing Hole 1st Floor TP Tea Party 2nd Floor FIT - Fitness Room GB Garden Boxes	
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							7